Join us at YWCA to commemorate the legacy of Martin Luther King Jr. We will have guest speaker Mikailah Thompson and a panel of community members join us for a night of celebration and remembrance.

6:00 Opening and Welcome
6:15 Entertainment
6:30 Presentation
7:15 Panel discussion

January 16

YWCA’s commitment to racial justice and civil rights runs deep. Since the 1800s, Black and Native women have been providing leadership in YWCA’s movement. Today, we remain committed to ensuring that everyone is afforded equal protection under the law, and our intersectional mission to eliminate racism and empower women demands that we show up to advocate against the oppression that many groups and individuals endure, including through recognizing the interconnected experiences of discrimination and disadvantage that women face from their overlapping identities. At YWCA, we demand a world of equity and human decency. We envision a world of opportunity. We commit ourselves to the work of racial justice. We will get up and continue to do the work until injustice is rooted out, until institutions are transformed, until the world sees women, girls, and people of color the way we do: Equal. Powerful. Unstoppable.

We are excited to announce that YWCA’s Racial Justice Challenge will return for its 3rd year on April 17th – May 15th, 2023. YWCA’s Racial Justice Challenge is a virtual learning tool designed to create dedicated time and space to build more effective social justice habits, particularly those dealing with issues of race, power, privilege, and leadership. New content is released on weekdays and participants log on to the challenge app on their phone or visit the website and are presented with 4 weeks of activities such as reading an article, listening to a podcast, or reflecting on personal experience. You can get a sneak peek of the weekly topics below and don’t forget to visit our website in March to sign up for the challenge and join our mission to eliminate racism!

**WEEK 1 - DISABILITY**
During disability week we will cover the history of Eugenics, the Disability Rights Movement, the intersection of race, gender, and disability, and the impact of the COVID-19 pandemic.

**WEEK 2 - HOUSING**
Learn how redlining continues to impact communities, who can access housing, and how racism, homophobia, and transphobia have become a driver of homelessness and its criminalization.

**WEEK 3 - MUSIC**
In partnership with the Rock and Roll Hall of Fame, we will talk about the legacy of musician activists, racism in the music industry, cultural appropriation, how music pushes against gender stereotypes, and access to music education.

**WEEK 4 - MENTAL HEALTH**
Dive into how psychology has been used as a tool of marginalization, access to mental healthcare, and discrimination’s impact on mental health outcomes.
Collaborating Through 
Shared Leadership

YWCA Lewiston-Clarkston is managed using a shared leadership structure. The shared leadership model provides a strong foundation for agency operations and will ease any future transitions in management personnel. The YWCA Management Team consists of the Director of Strategic Advancement, Director of Advocacy Services, Director of Community Engagement, and Director of Operations. Each Director brings a valuable perspective to decisions in order to meet the needs of staff, clients, programs, and the organization as a whole. These decisions often require prioritizing time and money considerations. The directors brainstorm options and make decisions that produce the best results and are congruent with efforts to achieve our Mission.

Directors work with program staff to meet the needs of victims/survivors, evaluate program effectiveness, and identify gaps in services. The team of Directors share office space and work closely together. Directors are cross-trained in non-profit governance and business functions, statistical record-keeping and grant compliance, grant management and facilities operations, and community relations and fundraising. While each director has a different perspective and responsibilities, they work together toward the goal of fulfilling the mission of the YWCA to empower women and eliminate racism.

Implementation of Shared Leadership is the foundation of a succession plan for future leaders who may join our team to have the support of the rest of the leadership. By strengthening our shared leadership, we are building a firm structure for continuing the work of the YWCA into the future.

STAFF

BOARD OF DIRECTORS
Emily Ashby, Jenna Bailey, Erin Bly, Angela Brooks, Marlowe Daly-Galeano, Jackie Davis, Elaine Dufford, Lori Gaskill, Sarah Graham, Jackie Heaven-Ahli, Barbie Kramer, Mollie Mustow, Ashley Schneider, Kimberly Willis

Meet our new Staff

Carie Lynne Maynard joined our team in September as a Shelter Advocate where she provides support and resources to victims of domestic violence and sexual assault who are staying in our shelters. Her favorite thing about working for the YWCA is being able to help others in the community. When Carie Lynne is away from work, she enjoys drawing, hiking, and spending quality time with her friends and her cat.

Alyssa Holt started as an Advocate in April. She provides advocacy to those experiencing domestic violence and sexual assault situations and helps them create and achieve goals as they navigate finding safety and healing. Alyssa enjoys witnessing clients find their light. In her off time, she loves spending time with her boys and playing in the woods.

Katie Murphree is the YWCA Information Coordinator. Since July, she has been the first point of contact for those entering the building and provides trauma informed care when welcoming them, directing them to advocates, and providing other relevant resources. Katie is also involved in a variety of behind-the-scenes work including managing a donor database, assisting in event coordination, and being a vital support to other administrative functions. Katie’s favorite part about working at the YWCA is seeing survivors start to feel empowered, begin and continue their healing process, and realizing their capabilities and how resilient they can be. Beyond the workplace, Katie enjoys crafting, painting, and thrift shopping.

Jacquie Caldwell joined the YWCA in May of 2022 as an Idaho Legal Advocate. She lets clients know what their legal options are and can be a support to them during the legal process, including but not limited to getting protection orders in place, filing for divorce, and accompanying them to a variety of legal entities, such as the police station. What she enjoys most about her job is helping to make a difference in clients’ lives. Outside of work, she spends time with her family and enjoys going to the beach and traveling.

Cori Sanzone began as a volunteer at YWCA in May of 2021 and became the Washington Legal Advocate in December. She helps clients access and navigate the legal system. She can assist clients in getting protection orders in place, pursuing charges, filing for parenting plans and for divorce, assisting with coordinating communication with legal entities, and can direct them to legal representatives. What she values most about being at the YWCA is the support she feels from staff in all aspects of her life- she says she always feels like she is encouraged to grow, learn, and practice. Aside from work, she enjoys spending time with her children and making self-care a priority so that she is the best she can be inside and outside of work.

YWCA MISSION STATEMENT

The YWCA of Lewiston and Clarkston is dedicated to empowering women, eliminating racism, and promoting peace, justice, freedom, and dignity for all. It is committed to building a strong community by actively promoting the value of diversity and the right to a life free from violence, poverty, and oppression.
VIP IS Back!

After losing our transitional housing grant in 2020, we are excited to announce were able to secure another three years of grant funds and opened the program to survivors in August. The Visualizing Independence Program, or VIP for short, allows us to provide rental assistance, related housing costs and supportive services for up to two years per participant. We spent some time updating all our forms and the application process to make it more user friendly for survivors. We currently have three families in the VIP and anticipate adding more survivors in the new year! For more information call and talk to our VIP advocate, Kathy Gordon.

Trainings & Support

YWCA continues to provide education and support through multiple programs across a coverage area over 13,000 square miles, including 4 counties in ID and 2 counties in WA. Advocates can provide direct services and community education on various subjects surrounding abuse for both youth and adults. This can include healthy relationship trainings, domestic and sexual abuse in the workplace, virtual or in person “In Her Shoes” simulations and many more. We also have active support groups for survivors in Grangeville and Lewiston and Kamiah’s support group is taking a break through the winter. Check out our website or Facebook page for more information and updates throughout the year!

ISSUE EDUCATION

Reproductive Justice

Reproductive justice is the personal liberty and the right to have or not have children, to raise them in a safe environment, and to access good healthcare. Decisions around birth control, when to get pregnant and how to parent are complicated even in the best of circumstances. Everyone should be free to make decisions about their body and family, and experience sexuality without violence, coercion, or external control.

Abusive people use tactics such as rape, coerced sex, rapid repeat pregnancy and contraceptive sabotage. Abusers will use physical abuse to cause a miscarriage, and forced pregnancy or forced abortion as effective ways to gain control over their partners or ex-partners. Without safe, legal, and accessible abortion care, survivors and their children risk long-term entrapment in violent relationships. This entrapment often leads to heightened abuse and even death, including during pregnancy.

As domestic violence advocates, we know how important it is for survivors to have the freedom and options they need to care for themselves and their families.

A few key messages:

- Every survivor deserves the right to make decisions about their bodies and lives, free from violence, coercion, and control from abusive partners or unjust laws.
- As domestic violence advocates, we know that reproductive coercion is a major part of domestic abuse.
- For many communities throughout our nation’s history, reproductive justice has not been a reality.
- Criminalizing reproductive healthcare like abortion emboldens abusive partners and puts survivors and those who help them at risk for criminalization.

We have worked for decades to advance and protect reproductive rights and support, including the right to safe, legal contraception, economic support for survivor households, and abortion.

Survivors are safest when they have the freedom to write their own futures.

- Washington State Coalition Against Domestic Violence, 2022

STATS & SERVICES ???

Provide a safe place for women and children to live

- 176 women and 120 children were sheltered in the YWCA safe shelters or motels when shelter was not an option for a total of 5,902 bed nights
- 1 adult and 1 child received assistance, after renewal of our grant this October, for our VIP program, including rent, utilities and childcare

Educate and raise awareness in our community

- The YWCA hosted 109 speaking engagements that educated 5,164 adult and teen community members about issues surrounding domestic violence/sexual assault and the services provided at the YWCA
- 77 women attended domestic violence women’s support group
- 23 children attended children’s support group

Advocate for a life free from violence for all people

- Advocates provided 5,966 additional advocacy services including crisis intervention, safety planning, information & referral, crime victim compensation assistance, medical advocacy, emergency financial assistance, and legal advocacy
- The YWCA answered 2,332 calls on the crisis line concerning domestic violence or sexual assault

Reproductive Justice

Interested in any of our events? Need more info? Connect with us:

Website: www.ywcaidaho.org
Facebook: YWCAlcvalley
Email: info@YWCAidaho.org
Phone: 208.746.9655 (24 Hrs) 800.669.3176

Stop by our offices:
- Lewiston
  300 Main Street
  208.743.1535
- Grangeville
  221 W Main St. # 21
  208.983.0888
- 603 6th Street
  Kamiah
  208.935.0044
- 320 Michigan Ave. #209
  Orofino
  208.476.0155
* By appointment only
Building Updates

YWCA Lewiston-Clarkston’s mid-century modern building received some long overdue care and attention this year. Recent projects include the installation of a new Duro-Last roof, repair of the water damaged structural wood beams, a full exterior paint, and the tinting of our Main Street windows.

We want to thank all of the generous donors in our community who made this possible. Thanks to the 100+ Women Who Care at the Confluence. Although we were not selected for funding at their quarterly meeting, their support was instrumental in connecting us with incredible women in our community who helped make sure that the roof was replaced. We are also grateful to Team BMC “Bergen Meyers Connection” – Century 21 Price Right for holding three fundraisers in March to help “Raise the Roof.” Their dedication to our community is inspiring. To help supplement these efforts, we also received funding through Banner Bank, Innovia Foundation, and City of Lewiston’s Community Development Block Grants. We greatly appreciate the expertise and service of Mangum Construction LLC, 7 Devils Painting, TD&H Engineering, JM Roofing & Flat Roof Systems, and XJ Tint it Up. Thank you.

Event Updates

The YWCA’s first annual G.R.I.T. (Girls Represented in Trades) experience aimed to expose girls of Jr. High and High School age to opportunities in trade professions. Young women from Lewiston, Clarkston, Asotin, and Lapwai attended this one-day conference where they got hands-on experiences in fields such as automotive, welding, HVAC, and more. Girls started the day with a panel of local women who work in trade professions. Half the day was spent at WWCC and the other half at LCSC’s technical engineering building giving girls the opportunity to experience college campuses and atmospheres. We hope the girls attending were inspired by new opportunities and feel empowered, confident, and capable of being valuable contributors to any profession.

DVAM – After a two year break, we were very excited to kick off Domestic Violence Awareness Month (DVAM) with our annual Domestic & Sexual Violence & Abuse Conference. This year’s speakers focused on Stalking and Human Trafficking in rural communities. Special thanks to our speakers, Dan Hally & Jennifer Landhuis, along with all the partners and community members that joined us for this important training.

Color Run - The 5th Annual Embrace Race Color Run 5k was held on May 21st at Kiwanis Park. We had a total of 130 local adults and children who ran for our mission of eliminating racism. The run started on the levee above Kiwanis Park, stretched past the duck pond, and looped back around to the rainbow balloon arch finish line where staff and volunteers where awaiting the runners with happy cheers.

This 5K run sponsored by Optum Idaho takes a village of volunteers that wouldn’t have been possible without our water and color sponsors who staffed the water and color stations- Regence (sponsored navy & pink), LCCU (sponsored green), Zion Bank (sponsored blue), St. Joseph Regional Medical Center (sponsored purple), and P1FCU, Chas, and Inland Cellular (sponsored water stations). Thank you to all who supported this event that shows that all colors are beautiful and we are better when we embrace diversity and celebrate it!
**Survivors Tell Us . . .**

"I'll admit that I definitely never saw things going this way, it's a lot of changes at once. I am excited for this next chapter in my life, and it's getting easier to let go and see the truth as time goes on. I'm definitely tired of waiting for change that never seems to come, and I'm tired of these repeating patterns. Thank you for your guidance! Attending group is really what made me kick-start this new chapter. I've felt connection, passion for learning, and understanding that I haven't felt in a long time. I'm grateful for the opportunity to learn and grow with group."

- Women’s Support Group Member

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**School Supplies**

This year was another successful school supply distribution. YWCA collaborated with the Kiwanis Club to collect and prepare supplies and new backpacks. YWCA and Kiwanis held distributions on Friday the 19th and Saturday the 20th respectively and served over 600 students grades K-12. YWCA continues to collect school supplies throughout the year and distributes them as needed. School supply distribution 2023 is scheduled for August 18. Contact the YWCA for information on how you can get involved and help local youth start the new school year ready for success!

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**Soup Port Our Shelters – 2021’s SOUPport**

Our Shelter fundraiser, held on February 25th, looked a little different than it has in years prior. While we were able to hold the event in house, we offered a strictly to-go experience with the option to choose up to two soups from six delicious options. The first responders of the valley made and served in-house soup: Loaded Baked Potato Soup from Garfield Co. Sheriff’s Office, Cheesy Ham Asparagus from Asotin Co. Sheriff’s Office, Clam Chowder from Clarkston Police Dept., White Chicken Chili from Lewiston Police Dept., Smoked Brisket from Clarkston Volunteer Firefighters, and Gumbo from Nez Perce Co. Sheriff’s Office.

The Salvation Army kitchen allowed for a delivery option with soups donated from 4 different restaurants in the valley; Beef Vegetable from the Quay, Clam Chowder from Happy Day, Coconut Curry from Hogan’s, and Turkey Noodle from Strike and Spare. We are incredibly grateful for their significant donation!

**Soup Soirée – To enhance the experience for both artists and fundraiser participants, we have an annual Soirée event where featured artist’s bowls are on display for participants to enjoy and bid upon. We had two components to this event- a silent auction of 10 exclusive artist’s bowls only available for bidding if you were at the in-house event. The second component was a Facebook silent auction in which the remainder of the artist bowls were available for viewing in-house as well as photographed on our Facebook page. This exclusive event included music by pianist Lorinda Bisso. A charcuterie style buffet created by staff, board members, and volunteers, along with a beer and wine station. Soup Soirée also allows us to pay tribute to bowl painting artists who donated hundreds of hours of their time in support to the YWCA; Amber Rae, Aubrey Ahlman, Michelle Washburn, Myndie Vanhorn, Sandy Dawes, Sharon Hart, and Tira Zhel Eslami. They all are generous, creative, and empowering women. We are so grateful to have their support of this event and our mission!**

**Inspring Women –** At our annual Inspiring Women Brunch we were honored to be able to have two wonderful women from the local community speak, Kayeloni Scott (pictured left) and Mollie Mustoe (pictured below). Kayeloni Scott motivated the audience by sharing inspirational content about how our outlook in life can greatly affect the way we experience life and how that perspective perpetuates her desire to empower women. Mollie Mustoe bravely shared her sexual assault survivor story- focusing on repressed memories and the steps she has taken to continue the healing process. They both were moving speakers who made this event memorable and successful.

**SAAM – For Sexual Assault Awareness Month in April we focused on education and community awareness. You might have seen our teal ribbons, Denim Day information, coffee labels, grocery fliers, or one of the many posts on social media. We also collaborated with LCSC and Walla Walla Community College to present one of our most powerful installations: What Were You Wearing (WWYW). WWYW is a clothing installment that displays what sexual assault victims were actually wearing at the time of their assault. The purpose of this install is to remind people that rape is never a victims fault and to reinforce the idea that victim blaming is unacceptable. Sexual assault can happen to anyone, regardless of their age, race, gender or clothing choices.**
Volunteering at YWCA

There are many ways to get involved with volunteering at the YWCA depending on your interests and availability. Any project that you work on or any way that you decide to help - from deep cleaning to event support to ongoing involvement - furthers our mission of empowering women and eliminating racism. Every hour of volunteer time is valued at the national average of $28.54 that we can use towards our grant match requirements – and so, even if you are only able to help out one time, every little bit makes a positive difference in our community. Mentioned below are various opportunities for involvement.

One Time/Event Specific
Come in and help once to get a better feel for our organization, or help out at your favorite event every year!

Ongoing
If you’d like to help out on a regular basis, we really appreciate having support in our front office and for ongoing projects!

Interns
Interns become part of our staff. We've hosted many different majors such as business, marketing, math, engineering, psychology, and social work. We’re open to your ideas!

Board of Directors
Our leaders and change-makers are volunteers, too. If you’re interested, you can connect with our Board President by submitting an application online!

THANK YOU TO OUR MEMBERS

THANK YOU TO OUR SUPPORTERS!

SOUP’S ON ORDER UP!  
February 24 2023

$25 BUYS YOUR MEAL AND A BOWL!

Can’t get to us? WE DELIVER!
Delivery requires a minimum of 5 orders per location and may include a delivery fee.

Delivering lunch from 11:00am– 1:30pm

Buy tickets online at YWCAidaho.org/store and at the YWCA.
208.743.1535 | 300 Main Street | www.ywcaidaho.org

Please visit our website or Facebook for up-to-date information on event details.